



HEALTH AND SAFETY BULLETIN

June 2021

Safety: Everyone's Responsibility

As RAE has welcomed several new hires, it seems an opportune time to look at how everyone can ensure a safe and healthy workplace.

In This Issue

- Employers and Supervisors
- New Hires and Employees

June Awareness

- [Canadian Men's Health Month](#)
- [National Indigenous Peoples Month](#)
- [Pride Month](#)
- [June is Thyroid Month in Canada](#)
- [Brain Injury Awareness Month](#)
- [World Oceans Week: 1-8 | Day 8](#)
- [Hug Your Cat Day: 4](#)
- [World Environment Day | \[Prairie Day: 5*\]\(#\)](#)
- [National Health and Fitness Day: 5](#)
- [Blood Donor Week: 8-14 | Day: 14](#)
- [Nutrition & Hydration Week: 14-20](#)
- [World Elder Abuse Awareness Day: 15*](#)
- [Eat Your Vegetables Day: 17](#)
- [International Picnic Day: 18](#)
- [World Sickle Cell Day: \[Juneteenth 19*\]\(#\)](#)
- [Father's Day: 20](#)
- [National Indigenous Peoples Day: 21 | \[Yoga Day\]\(#\)](#)
- [International Women in Engineering Day: 23](#)
- [Work from Home Day: 24](#)
- [International Day Against Drugs: 26*](#)
- [National Cancer Wellness Awareness Day: 26](#)
- [PTSD Awareness Day: 27*](#)
- [International Asteroid Day: 30](#)

NEW WORKER SAFETY IN CANADA



*Although not always covered under the Health and Safety Act, organizations may still have responsibilities regarding the health and safety of volunteers. Consult with your jurisdiction.

NEW is NEW – regardless of age

Just **one in five** workers in Canada received safety training in their first year with a new employer. [3]



Image source

Employers and Supervisors

Under the Part 1 Section 3(2) of [Alberta OHS Act](#) :

(2) Every employer shall ensure that workers are adequately trained in all matters necessary to protect their health and safety.

CCOHS has provided tips to help deliver timely, effective training and orientation prior to sending workers into the field. Examples of [effective training methods include](#):

- Hands-on training
- Mentoring
- Written procedures (PPGs, the [HSE Manual](#), following the Hiring Policy and completing the Orientation Package forms, etc.)
- Practice time and opportunity

How can Employers & Supervisors be [Safety Leaders](#)?

- Develop an HSE Program with clear, measurable goals
- Provide opportunities for employees to participate in workplace safety
- Identify and Correct hazards
- Evaluate your current program to ensure improvement and success
- Assign suitable work
- Tell workers not to perform work until they have been properly trained
- Communicate about job tasks clearly and frequently, especially over the first few weeks
- Encourage workers to be safety minded and ask when they are unsure about something
- Train workers on what to do in case of emergencies
- Provide detailed training on equipment, safety features, control systems, etc.

QUESTION!

RAE Staff who answer correctly will be entered in a \$25 draw *plus* Safety Rewards Points! Email responses to raesafety@raeengineering.ca by 8am Friday 25 June 2021, the winner will be announced that afternoon.

New Hires and Employees

Whether you're new or already on the payroll, you have legal obligations to follow as a worker, for example:

- Take reasonable care to protect the health and safety of yourself and those around you
- Cooperate with Employers, Supervisors, and any other person for the purposes of protecting the Health and Safety of the workforce
- Report any concerns about unsafe or harmful acts/ behaviours to the Employer or Supervisor

Whether you are new to the industry, the company, or a seasoned worker, Employees (including Sub-Contractors) also have legal obligations from Alberta OHS to keep yourself and coworkers safe and healthy

- Know your [3 Basic Rights](#) (Know, Participate, Refuse)
- Use these [New Worker Orientation Checklists](#) from CCOHS to stay safe and healthy



Image source

Informative Links

- [New Worker Orientation Infographic](#) (CCOHS)
- [New is New Infographic](#) (CCOHS)
- [Sample H&S Orientation Checklist](#) (CCOHS)
- [Alberta OH&S Act, Code, and Regulation](#)
- [Be Fit for Life Activity Resources for All Ages](#)
- [Solutions for Work, Health, and Life](#) (EFAP)
- [Stressed? Meditation a few minutes a day may help](#)
 - [Free Fitness Apps](#) (like [FitOn](#)) offer guided fitness classes, meditation, + nutritional and wellness advice
- [Celebrate Indigenous Peoples: Learning & Activity Guide](#)
- [Book a Blood Donor Appointment](#) Call 1-888-2-DONATE
- [Women in Engineering](#)

As per the RAE HSE Manual S. 5 *Training and New Employee Policy*, what is the minimum passing score for the HSE Knowledge Check?

- | | |
|--------|---------|
| A) 80% | B) 100% |
| C) 90% | D) 75% |